

Disaster prevention measures you can take while living in your rental housing!

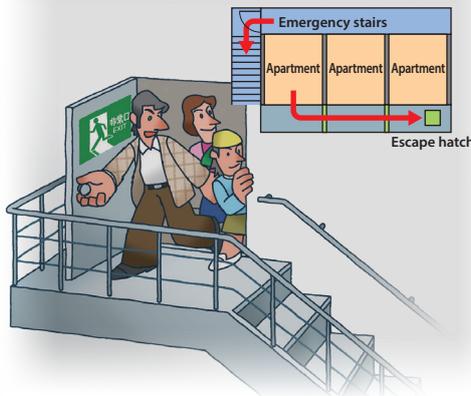


First, **check** these things as soon as you move in!!

1 Check the locations of fire extinguishers.

2 Check the emergency stairs and evacuation routes.

3 Check the route to the evacuation shelter.



Also! Prepare and check these items so that you will be ready when a disaster strikes!!

- ✓ Stock emergency food and water supplies in your home!
- ✓ Check methods for confirming family members' safety!
- ✓ Install a disaster information distribution app on your smartphone.
- ✓ Secure furniture so that it does not fall over!
- ✓ Prepare an "emergency go bag"!

Useful information

● BO-SAI (Disaster Prevention) MANUAL (Saitama Prefecture)

Japanese

https://www.pref.saitama.lg.jp/documents/112385/bousai_manualbook.pdf



Available in 4 languages

<https://www.pref.saitama.lg.jp/a0401/library-info/20190801itsumo.html>



● Helpful Application and Website in the Event of a Disaster (Cabinet Office)

Available in 14 languages

<https://www.bousai.go.jp/kokusai/web/index.html>



● "Safety Tips" disaster information distribution app for foreign visitors to Japan (Japan Tourism Agency)

Available in 15 languages/14 countries

Download free-of-charge!



For Android



For iPhone

Useful guides in the event of a disaster

How to respond in a disaster

Check and fill in this list when you move in, and either display it somewhere it can easily be seen or store it in a safe place.

Earthquakes

When a large tremor strikes suddenly, ensure to protect your own safety by **taking cover under a table** etc. **Open doors and secure a way in/out of your home.** Televisions, shelves, and items placed on shelves, tables, etc. will fall, so keep your distance from them and wait until the shaking subsides. Neither panic nor run outside your housing property.

Citation/reference **Disaster Prevention Manual (Fire and Disaster Management Agency)**

https://www.fdma.go.jp/relocation/bousai_manual/index.html



Tsunamis

If the rental housing where you currently live is on low ground near the seaside, keep your eyes and ears open for tsunamis and tsunami warnings/advisories, and if you feel a strong tremor or long, slow shaking, **evacuate to a safe place on high ground.**

Protecting Yourself from a Tsunami (Japan Meteorological Agency)

<https://www.jma.go.jp/jma/kishou/books/tsunami201501/index.html>



Leaflet: Earthquake/Tsunami Safety Guidance (Japan Meteorological Agency)

https://www.jma.go.jp/jma/kishou/books/eqtsunami_guidance/index.html



Typhoons/heavy rain

Check your disaster preparations in advance, and **evacuate from places at risk in accordance with evacuation information.**

Preparing Yourself for Disasters (Japan Meteorological Agency)

https://www.jma.go.jp/jma/kishou/known/ame_chuui/ame_chuui_p10.html



Evacuation Information Guidelines (Cabinet Office)

https://www.bousai.go.jp/oukyu/hinanjouhou/r3_hinanjouhou_guideline/



Fire

If a fire occurs, shout as loudly as you can to warn people in the neighborhood and **call 119.** If the fire has just started, secure your evacuation route before putting the fire out with a fire extinguisher, etc. If you feel you are in danger, stop fighting the fire immediately and evacuate. (If you are alone, call 119 after your initial firefighting efforts.)

English Version! Video Materials for Use in Firefighting Drills (Osaka Chuo Fire Station)

https://www.city.osaka.lg.jp/shobo_chuo/page/0000515068.html



Ten Rules for Residential Fire Protection (Tokyo Fire Department)

https://www.tfd.metro.tokyo.lg.jp/life/topics/10_kokoroe/index.html



How to get electricity services restored

If electricity is cut off, it may take some time for services to be restored. **Prepare a charger (mobile battery) for your mobile telephone/smartphone, so that you do not lose a means of communication.**

Name of electricity company

Telephone number

How to get fixtures restored

How to Get Apartment Fixtures Restored in the Event of a Disaster (Japan Property Management Association) **[Available in 14 languages]**

<https://welcome.jpm.jp/>



How to get gas services restored

Gas lines may detect the risk of an earthquake/fire and shut down. **If the red light on your gas meter is blinking, it is possible to open the line using a prescribed procedure.**

Name of gas company

Telephone number

Evacuation destination

If you feel you are in danger at home or an evacuation order is issued, **evacuate immediately to an evacuation shelter where you will be safe.**

Evacuation destination

How to get water services restored

If water is cut off, it **may take some time for services to be restored.** Be sure to **prepare and store drinking water in advance.**

Name of water company

Telephone number

Call center/property management company contact information

If you will be returning to your home country for a lengthy period, or if you have any problems regarding your rental housing while living there, **contact the property's call center/management company.**

Name of call center/management company

Telephone number

